

DAV PUBLIC SCHOOL, THANE

SESSION: 2023-24

SECONDARY SECTION

VEDIC CHETNA SHIVIR

DAV Public School, Thane, a temple of knowledge with a mission to nurture each child through holistic education, has always endeared to impart virtues in children. Following this tradition, a Vedic Chetna Shivir was organized for the students of Std VIII on 27 November 2023 in the school premises.

Madam Simmi Juneja, The Principal of the institute, took special interest in this Shivir which is aimed at instilling the values of Arya Samaj among children. The auspicious day began with the OM Dhvaj Hoisting Ceremony and Lamp-lighting to seek the blessings of the almighty followed by a Hawan wherein the children having their birthdays in the month of November were felicitated. The children were served with a nourishing breakfast..

An inspiring and motivational session was conducted by Shri Dilip Velani. He addressed the students on various topics related to studies and daily concerns like anger- management, self-development, inner awakening, and gave tips on living a life elevating spirituality. He quoted about the characters and incidents from the epics like Mahabharata and the Ramayana. Swamiji also answered the questions of students while conversing with them. After the session the students sought his blessings.

The session was followed by Art and Craft activities where the students wrote about their learning from the motivational session and then painted the OM Symbol. Then the focus of students were drawn towards a fun packed session, where the students thoroughly enjoyed recreational activities, played interesting indoor games and participated in mass drill (Zumba).

Then the students were made to sit on mats for the lunch where the students served meals to their friends. The simple, nutritious meal was relished thoroughly by students. After lunch, the students washed their dishes. This inculcated the value of respecting the food and becoming self- dependent.

To promote the idea of 'Sharing is caring,' a visit to Smit Old Age Home and Ma Niketan Orphanage, was organized by the school. As a part of Community Outreach Services, sharing the love, time, emotions and feelings with others and caring for them sows the seeds of empathy and help in building social-skills. In the Old Age Home, the students spent time with the elderly people by speaking to them, singing songs, playing music and spreading happiness among them. In the orphanage too, the students performed dances, sang songs, played music and spent time with the children. A donation of necessary items were given as a small token of love to the Old age home and the Orphanage.

Then, a devotional and spiritual Bhajan Sandhya was organized for the students and their parents in the school premises. The event was graced by Dr. Mrs. Pratibha Yelne, who is associated with Shri Ambika Yoga Kutir and Mr. Akshay Arya, a staunch Arya Samajist. In the Bhajan Sandhya, the students began reciting the verses from the holy Bhagwad Gita followed by classical dance performances. The teachers from music dept and the students participated in the soulful rendition of bhajans. The ambience was full of divinity, positive vibes and bliss. The audience was completely mesmerized with the performances. Then, 'Share your Experience' session was conducted where the students shared their experiences of visiting the Old Age Home and the Orphanage.

To conclude the day, principal madam Mrs. Simmi Juneja and the guests for the evening Dr. Mrs. Pratibha Yelne and Mr. Akshay Arya addressed the students with inspirational words filling their hearts with great enthusiasm.

The auspicious day has left the students with lessons to be followed and wonderful memories to cherish lifelong.

