



## **D.A.V PUBLIC SCHOOL, THANE**

10th International Yoga day celebration 2024

CURTAIN RAISER EVENTS From 3rd June onwards...

## The Theme

## For International Yoga Day 2024 is "Yoga For Women Empowerment".

The purpose of Yoga Mahotsav
2024 is to spread yoga as a global
movement, with a focus on
improving women's health and
well-being as well as world peace
and health...







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10th International Yoga day celebration 2024

Transformative 3-Day Yoga Shivir

Dates: 19th, 20th, 21st june

Guided by: AYUSH Ministry's Common Yoga Protocol Open to: Students, Teachers, and Staff

Experience: Rejuvenation and Revitalization









































































