

D.A.V PUBLIC SCHOOL, THANE
SESSION: 2022-23
SECONDARY SECTION
NATIONAL SPORTS DAY REPORT



“Always work hard never give up, and fight until the end because it’s never really over until the whistle blows.”

Sports play a pivotal role in the physical and mental well-being of the humans. Sports help in developing a positive attitude and perception and teach us many core values to develop our personality. DAV Public schools believes in the holistic development of the children and following this equal importance is given to the physical activities along with academics. Every year 29th of August is celebrated as National Sports Day in a bid to pay tribute to the legendary major Dhyan Chand on his birthday.

On 29th August 2022, our school celebrated the day with great enthusiasm. Different activities like Speech, quizzes, games were performed by the students as well as the teachers. The Sports Teacher Ms. Sunita Nikam gave a speech in order to make the children aware about the history and significance of Sports Day.

Children were motivated to make sports as a part of their daily routine. An Inter- House Football tournament was conducted for std. X students. In this tournament students of all the four houses Krishna, Kaveri, Godavari, and Ganga participated with high spirits. The school ground was reverberating with the cheering of the students. Kaveri House won the tournament. For junior classes quiz based on sports was conducted in the classes. Students participated in it with full enthusiasm. Discussion about legendary sports’ personalities was done in classes where the students shared about their favourite sports person. The teachers told about the five S’s of sports training, which are: Stamina, Speed, Strength, Skill, and Spirit.

The day came to an end with the felicitation of the winning team. All the students- the participants and the spectators had learnt about the importance of sports and games in life.

“OVERPOWER. OVERTAKE. OVERCOME.”- SERENA WILLIAMS

